



D!FFERENT

ABOUT US

Sonia Fox-Founder

•As an irritable bowel syndrome (IBS) suffererI know what it's like to live with gut issues and how hard it can be to find low FODMAP food products that make food delicious – that's why Slightly Different Foods was created.

An innovative solution

•Slightly Different Foods sees the demand and explosion in the vegan consumer market, the increased focus on gluten and allergen free products, the issues facing individuals suffering from IBS and certain other food intolerances and we can satisfy all of these and more!

Our promise

•We deliver high quality food products with a clean deck of ingredients with no artificial preservatives, flavourings or colouring, lower in sugar and salt than variants, free from animalbased ingredients, Gluten Free certified, we exclude all 14 of the major allergens in all our ingredients. This enables customers to buy products that they could not consume before due to certain added ingredients.



Hunters Kickin BBQ Sauce

A rich and smokey BBQ sauce, great as a dip or used as a marinade. A great accompaniment to BBQ's.

TYPICAL VALUES Per 100g Energy: kJ235 / Kcal: 55 Fat: 0.5g

of which Saturates: 0.1g of which Monounsaturates: 0.1g of which Polyunsaturates: 0.0g Carbohydrates: 10.0g of which Sugars: 8.6g Fibre: 1.0g Protein: 1.7g Salt: 0.51g Total Fructans < 0.2g GOS < 0.1 Fructose 1.9g Glucose 1.7g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Tomatoes (tomatoes, tomato puree), Water, Cider Vinegar, Sugar, Cornflour, Black Treacle, Cocoa Powder, Asafoetida, Smoked Paprika, Salt, Smoked Water, Glucose, Chilli Powder, Black Pepper, Citric Acid.



Chip Shop Curry Sauce

An authentic spiced curry sauce with no nasties! Can be used cold or heated.

Energy: kJ482 / Kcal:115 Fat: 6.3g of which Saturates: 0.4g of which Monounsaturates: 3.6g of which Polyunsaturates: 1.8g Carbohydrates: 13.8g of which Sugars: 9.0g Fibre: 0.8g Protein: 0.7g Salt: 0.21g Total Fructans <0.2g GOS < 0.1 Fructose 0.9g Glucose 0.4g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

TYPICAL VALUES Per 100g

INGREDIENTS: Water, Apple Juice, Rapeseed Oil, Cornflour, Tomato Puree, Ginger, Sugar, Lemon Juice, Spices: Turmeric, Ground Coriander, Ground Cumin, Asafoetida, Cinnamon, Chilli Powder, Cardamon, Salt, CitricAcid.

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Kebab Shop Chilli Sauce

A delightful blend of green & red chillies to add a kick to your meal without being overwhelming.

TYPICAL VALUES Per 100g Energy: kJ85 / Kcal:20

Fat: 0.2g

of which Saturates: 0.0g

of which Monounsaturates: 0.0g

of which Polyunsaturates: 0.0g

Carbohydrates: 3.9g

of which Sugars: 0.9g

Fibre: 0.5g

Protein: 0.5g

Salt: 0.54g

Total Fructans <0.2g

GOS < 0.1

Fructose 0.5g

Glucose 0.5g

Lactose < 0.1g

Mannitol <0.1g

Sorbitol <0.1g

INGREDIENTS: Water, Tomatoes, Green Peppers, Cider Vinegar, Cornflour, Red Chilli, Green Chilli, Asafoetida, Salt, Chilli Flakes, Black Pepper, Citric Acid.









Spicy Red PepperTomato Ketchup

A spicy salsa style sauce for those who like Tomato Sauce with heat. A great condiment to spice up a meal.

TYPICAL VALUES Per100g Energy: kJ192 / Kcal: 45 Fat: 0.3g of which Saturates: 0.0g of which Monounsaturates: 0.0g of which Polyunsaturates: 0.0g Carbohydrates: 8.9g of which Sugars: 6.2g Fibre: 0.8g Protein: 1.3g Salt: 0.39g Total Fructans < 0.2g GOS < 0.1 Fructose 1.7g Glucose 1.5g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Tomato (43%) (tomatoes, tomato puree), Water, Red Pepper (19%), Cider Vinegar, Sugar, Cornflour, Asafoetida, Salt, Chilli Powder, Glucose, Cayenne Pepper.

Traditional Pickle

A tangy sweet pickle with vegetables and spices. Perfect to compliment cheese, cold meats, salads and sandwiches.

Typical values per 100g Energy: 90cal/383kJ Fat: 0.3g of which saturates: 0.1g of which monounsaturates: 0.1g of which polyunsaturates: 0.1g Carbohydrates: 18.4g of which sugars: 16.3g Fibre: 1.0g Protein:1.7g Salt: 0.96g Total Fructans: <0.2g GOS: <0.1g Lactose: <0.1g Glucose: 3.7g Fructose: 4.1g Sorbitol: <0.1g Mannitol: <0.1g INGREDIENTS: Water, Gherkins, Sprit Vinegar, Carrots, Apple Juice, Brown Sugar, Tomato Puree, Date Paste, Swede, Cornflour, Yeast Extract, Black Treacle, Chilli, Spices, Asafoetida, Salt



Tomato Relish

Rich sweet tomatoes with a slight smokey and chilli kick. Delicious when added to sandwiches, salads, burgers a great accompaniment to BBQ's.

Typical values per 100g Energy: 75kcal/316kJ Fat: 0.2g of which saturates: 0.0g of which monounsaturates: 0.0g of which polyunsaturates: 0.0g Carbohydrates: 16.5g of which sugars: 16.0g Fibre: 0.8g Protein: 1.1g Salt: 0.60g Total Fructans < 0.2g GOS < 0.1g Lactose < 0.1g Glucose 9.3g Fructose 9.5g

Sorbitol <0.1g

Mannitol < 0.1g

INGREDIENTS: Tomatoes (57%), Gherkins, Cider Vinegar, Brown Sugar, Sultanas, Tomato Puree (3%), Black Treacle, Glucose, Asafoetida, Salt, Chilli Powder, Smoked Paprika, Black Pepper, Citric Acid



2021 FINALIS







Raspberry & MintSalad Dressing

Mild and sweet Raspberries with an undertone of mint. Perfect when drizzled over a variety of salad toppings.

TYPICAL VALUES Per100g Energy: kJ 894 / Kcal: 217 Fat: 21.7g of which saturates: Monounsaturates: 12.8g Polyunsaturates: 6.4g Carbohydrates: 4.1g of which sugars: 3.9g Fibre: 1.0g Protein: 0.5g Salt: 0.37g Total Fructans: 0.22g GOS:<0.1g Fructose: 2.4g Glucose: 2.2g Lactose: <0.1g Mannitol: <0.1g Sorbitol: <0.1g

INGREDIENTS: Water, Raspberry (27%), Rapeseed oil, Cider Vinegar, Brown Sugar, Mint (1%), Chilli Flakes, Salt, Black Pepper, Thickener: Xanthan Gum

Orange, Ginger & Chilli Salad Dressing

A refreshing light zingy salad dressing with an infusion of Orange, Ginger & Chilli.

NOURISH

2021

AWARDS

2021

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ORANG

GINGE & CHILL

ALAD DRESSING

TYPICAL VALUES Per 100g Energy: 990kJ / Kcal: 240kcal Fat: 24.3g of which saturates: 1.6g Monosaturates: 14.3g Polyunsaturates: 7.1g Carbohydrates: 4.9g NOURISH of which sugars: 2.8g Fibre: 0.2g Protein: 0.3g Salt: 0.49g Total Fructans: 0.54g GOS: <0.1g Fructose: <0.4g Glucose: <0.3g Lactose: <0.1g Sorbitol: <0.1g Mannitol: <0.1g

INGREDIENTS: Water, Rapeseed Oil, Orange Juice (8%), Cider Vinegar, Ginger, Lemon Juice, Sugar, Cornflour, Red Chili, Chilli Powder, Himalayan Pink Salt, Orange Oil (0.2%), Kaffir Lime Leaf, Black Pepper, Thickener: Xanthan Gum.



Coriander & Lime Salad Dressing

A subtle zing of Lime with a hint of Coriander. Perfect to liven up a salad or poured over grilled vegetables.

TYPICAL VALUES Per100g Energy: 702kJ / Kcal: 260 Fat: 26.8g of which saturates: 2.6g Monosaturates: 16.7g Polyunsaturates: 5.3g Carbohydrates: 4.2g of which sugars: 3.7g Fibre: 0.5g Protein: 0.3g Salt: 0.45g Total Fructans: <0.2g GOS:<0.1g Fructose: 1.1g Glucose: 1.1g Lactose: <0.1g Mannitol: <0.1g Sorbitol: <0.1g

INGREDIENTS: Water, Rapeseed Oil, Garlic Infused Oil, Lime Juice (9%), Coriander (7%), Rice Vinegar, Sugar, Ginger, Lemongrass, Green Chilli, Salt, Thickener: Xanthan Gum, Black Pepper, Kafir Lime Leaf



Tropical Curry Sauce

A sweet curry with pineapple, banana, coconut milk and spices. Mild heat, great with chicken or vegetables. Perfect for those that like sweet curries.

TYPICAL VALUES Per 100g Energy 347kJ / 83kcal Fat: 4.4g of which Saturates: 2.2g of which Monounsaturates: 0.1g of which Polyunsaturates: 0.1g Carbohydrates: 10.3g of which Sugars: 8.2g Fibre: 0.7g Protein: 1.0 Salt: 0.03g Total Fructans < 0.2g GOS < 0.1 Fructose 2.6g Glucose 2.6g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Coconut Milk, Banana, Water, Pineapple, Lemon Juice, Lime Juice, Spices (Cumin, Cardamom, Coriander, Chilli Powder, Turmeric, Cloves, Fennel, Cinnamon), Cornflour, Ginger Puree, Hebridean Seaweed (raw Ascophyllum nodosum).



Thai Red Curry Sauce

Spicy and aromatic authentic curry sauce with coconut milk and red curry paste. A sure hit for Thai Curry lovers without onion or garlic.

TYPICAL VALUES Per 100g Energy 489kJ / 118Kcal Fat: 9.2g of which Saturates: 2.9g Monounsaturates: 2.4g Polyunsaturates: 1.2g Carbohydrates: 7.6g of which Sugars: 3.3g Fibre: 0.3g Protein: 1.0g Salt: 0.47g Total Fructans < 0.2g GOS < 0.1 Fructose 0.3g Glucose 0.4g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Coconut Milk (Coconut, Water), Water, Rice Wine Vinegar, Red Peppers, Rapeseed Oil, Lemongrass, Cornflour, Red Chilli (3%), Ginger, Sugar, Herbs & Spices (Cumin, Coriander), Pink Himalayan Salt, Lime Leaf, Chilli Powder, Asafoetida.



Tikka Masala Sauce

A fruity tikka masala style curry sauce with papaya & orange. Extremely versatile and great for anyone seeking an authentic curry taste.

TYPICAL VALUES Per 100g Energy 365 kJ / 88 Kcal Fat: 5.3g of which Saturates: 1.4g of which Monounsaturates: 1.7g of which Polyunsaturates: 0.9g Carbohydrates: 7.8g of which Sugars: 5.2g Fibre: 1.4g Protein: 1.4g Salt: 0.18g Total Fructans < 0.2g GOS < 0.1 Fructose 1.4g Glucose 1.3g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g INGREDIENTS: Passata, Water, Coconut Milk, Red Pepper, Orange Juice, Papaya, Lemon Juice, Tomato Puree, Rapeseed Oil, Ginger, Cornflour, Herbs & Spices (Coriander, Fenugreek, Smoked Paprika, Black Pepper, Cinnamon, Fennel, Cloves, Cardamom), Salt, Glucose, Brown Sugar, Cumin, Turmeric, Cayenne Pepper, Chilli Powder.





Tomato & BasilSauce

A rich tomato and basil sauce, perfect to compliment a pasta dish.

INGREDIENTS: Tomato (90% -Tomatoes, Tomato puree), Olive Oil, Rice Vinegar, Basil (1%), Glucose, Sugar, Himalayan Salt, Asafoetida, Black Pepper, Oregano. Citric Acid.

TYPICAL VALUES Per 100g Energy 314kJ / 75Kcal Fat: 5.4g of which Saturates: 0.8g Monounsaturates: 3.8g Polyunsaturates: 0.5g Carbohydrates: 4.6g of which Sugars: 4.1g Fibre: 1.2g Protein: 1.3g Salt: 0.57g Total Fructans < 0.2g GOS < 0.1 Fructose 2.1g Glucose 2.2g Lactose < 0.1g Mannitol < 0.1g

Fructose 2.1g Glucose 2.2g Lactose <0.1g Mannitol <0.1g Sorbitol <0.1g





SLIGHTLY DJFFERENT FODMAP FRIENDLY - VEGAN APPROVED RICH & FRAGRANT TOMATO BASSIL

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Smooth Bolognese Sauce

A rich tomato and herb sauce, full of natural flavours. Perfect for pasta or can be used as a pizza base topping.

TYPICAL VALUES Per 100g Energy kJ 296 / Kcal 70 Fat: 3.7g of which Saturates: 0.5g of which Monounsaturates: 2.4g of which Polyunsaturates: 0.4g Carbohydrates: 7.0g of which Sugars: 4.4g Fibre: 1.8g Protein: 1.5g Salt: 0.10mg Total Fructans < 0.2g GOS < 0.1 Fructose 1.6g Glucose 1.5g Lactose < 0.1g Mannitol <0.1g Sorbitol <0.1g

INGREDIENTS: Tomato, Water, Red Pepper, Carrot, Courgette, Lemon Juice, Tomato puree, Extra Virgin Olive Oil, Cornflour, Light Brown Sugar, Herbs & Spices (Cumin, Chives, Oregano, Basil, Rosemary, Parsley, Bay Leaf), Ground Black Pepper, Salt, Hebridean Seaweed (Raw Ascophyllum Nodosum).





Arrabbiata Sauce

A rich tomato sauce with herbs & a chilli kick. Perfect for pasta meals or a spicy addition to vegetarian, vegan or meat dishes.

TYPICAL VALUES Per100g Energy 306kJ / 73Kcal Fat: 5.2g

of which Saturates: 0.7g

Monounsaturates: 3.6g

Polyunsaturates: 0.5g

Carbohydrates: 4.8g

of which Sugars: 4.1g

Fibre: 1.4g

Protein: 1.3g

Salt: 0.56g

Total Fructans < 0.2g

GOS < 0.1

Fructose 2.2g

Glucose 2.3g

Lactose < 0.1g

Mannitol <0.1g

Sorbitol <0.1g

INGREDIENTS: Tomato (85% - Tomatoes, Tomato Puree), Red Pepper, Olive Oil, Rice Wine Vinegar, Sugar, Chilli Flakes (1%), Glucose, Pink Himalayan salt, Asafoetida, Oregano, Basil, Black Pepper, Citric Acid.







Mexican Fajita Sauce

A delicious medium spiced Mexican sauce enriched with red peppers. Perfect for those seeking a kick of chilli with a twist.

TYPICAL VALUES Per100g Energy: kJ 281 / Kcal: 67 Fat: 3.4g of which Saturates: 0.5g of which Monounsaturates: 2.2g of which Polyunsaturates: 0.3g Carbohydrates: 7.5g of which Sugars: 4.7g Fibre: 1.3g Protein: 1.3g Salt: 0.34g Total Fructans < 0.2g GOS < 0.1 Fructose 1.5g Glucose 1.4g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Tomato, Water, Red Pepper (15%), Lemon Juice, Tomato Puree, Extra Virgin Olive Oil, Cornflour Brown Sugar, Chives, Chilli Powder (0.5%), Salt, Smoked Paprika, Glucose, Cayenne Pepper.

Chilli Non Carne Sauce

A Chilli Non Carne Mexican style sauce. Great for anyone seeking that chilli kick without the heat being overwhelming. Great with taco's, nachos or as part of a rice meal.

TYPICAL VALUES Per 100g Energy: kJ155 / Kcal: 37 Fat: 0.5g of which Saturates: 0.1g of which Monounsaturates: 0.1g of which Polyunsaturates: 0.1g Carbohydrates: 6.2g of which Sugars: 3.9g Fibre: 1.8g Protein: 1.3g Salt: 0.25g Total Fructans < 0.2g GOS < 0.1 Fructose 1.8g Glucose 1.7g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Tomatoes, Water, Red Pepper, Carrots, Lemon Juice, Green Beans, Cornflour, Cider vinegar, Herbs & Spices (Cumin, Chives, Coriander, Smoked Paprika, Salt, Cayenne Pepper, Ground Black Pepper), Tomato Puree, Sugar, Chilli Powder, (0.3%), Acidity Regulator (Citric Acid), Cocoa Powder, Glucose, Seaweed (Raw Ascophyllum Nodosum).



Sweet Chilli Sauce

Medium spiced Sweet Chilli stir-in / stir-fry or dipping sauce with no added garlic, so no overpowering aftertaste.

TYPICAL VALUES Per100g Energy 430kJ / 136Kcal Fat: 5.7g of which Saturates: 0.4g Monounsaturates: 3.2g Polyunsaturates: 1.6g Carbohydrates: 13.7g of which Sugars: 10.6g Fibre: 0.4g Protein: 0.3g Salt: 0.93g Total Fructans < 0.2g GOS < 0.1 Fructose 0.7g Glucose 0.8g Lactose < 0.1g Mannitol < 0.1g Sorbitol <0.1g

INGREDIENTS: Water, Rice Wine Vinegar, Sugar, Red Chilli (5%), Rapeseed Oil, Ginger Puree, Cornflour, Chilli Powder, Himalayan Salt, Asafoetida, Paprika Oleoresin, Thickeners: Guar & Xanthangum.





Sweet & Sour Sauce

Sweet and tangy with added vegetables and fruit. Great with stir-fry meat, poultry, seafood or vegetable dishes.

TYPICAL VALUES Per 100g Energy: kJ 322 / Kcal: 77 Fat : 3.4g of which Saturates: 0.5g of which Monounsaturates: 2.3g of which Polyunsaturates: 0.3g Carbohydrates: 10.8g of which Sugars: 7.8g Fibre: 0.4g Protein: 0.8g Salt :0.19g Total Fructans < 0.2g GOS < 0.1 Fructose 1.8g Glucose 1.8g Lactose < 0.1g Mannitol <0.1g Sorbitol <0.1g

INGREDIENTS: Water, Pineapple (34% -Pineapple Juice, Pineapple), Mixed Peppers, Tomato Paste, Cider Vinegar, Olive Oil, Cornflour, Carrots, Brown Sugar, Ginger, Smoked Paprika, Salt, Black Pepper



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